

## Expanded List of Services

At Collins Chiropractic we have developed and use a large arsenal of practices to take on any case that comes through our door.

### **NUTRITIONAL TREATMENTS:**

**N.R.T./Nutritional Reflex Technique ®:** Developed by Gary Lasneski, D.C., M.S., L.D.N. For over 10 years now we have been using this constantly growing and changing master nutritional technique for discovering and treating almost any nutritionally based challenge in the human body. This technique flawlessly integrates the use of 100's of homeopathic combinations (including Genesis Essence Remedies) and any vitamin, mineral and herbal available to the healing arts. This technique includes some of the most state of the art detoxification techniques ever conceived.

**Food and Common Product Allergy Testing:** A subset of Dr. Gary Lasneski's NRT ® protocols, this technique series can check for allergies and sensitivities to foods, cosmetics, environmental inhalants and supplements. This same technique can be used to treat those conditions where removal of the allergen is not possible such as: dirty air, pesticide spray to neighboring farmlands, cleaning products used at the workplace and Jet Fuel A exposure while flying.

**Balancing Blood Chemistry with Nutrition ™:** Developed by Dr. Harry Eideneer, Jr. Ph.D., uses standard blood chemistry's to discover and treat 100's of different disorders in the human body including fibromyalgia, thyroid disorders, heavy metal body burden, digestive disorders, anemia's, issues of fatigue and inflammatory disorders

**Pharmaceutical Integration Techniques:** Many lifesaving and necessary pharmaceuticals cause nutritional deficiencies and allergic reactions. Although these supplements and/or practices are not required for the pharmaceuticals to function, many of our patients want to know how to attain maximum nutritional health while taking their prescription medications.

### **EMOTIONALLY BASED TECHNIQUES:**

**Neuro Emotional Technique ®/NET ®:** Developed by Scott Walker, D.C. is the core technique available today to treat physical pain and dysfunction that is due to past as well as an ongoing emotional challenges.

**Neuro Emotional Anti-sabotage Technique ®/NEAT®:** Developed by Scott Walker, D.C. This technique series was designed specifically for those that have difficulty attaining specific financial goals, vocational goals and relationship goals despite their best efforts. Many of our patients have used this technique and have removed unconscious emotional vectors that were at cross purposes to them attaining their goals.

**Kriya Yoga Respiratory Techniques:** Taught by Yogi Ramaiah, M.A, Ph.D. (Hon). These techniques can be implemented anywhere at anytime to help with stress, anxiety and depression.

**Emotionally Based Nutrition Technique:** Using Specific Homeopathics, Vitamins, Essential Fatty Acids, Minerals and Nutri-herbal Combinations, many, many of our patients have been helped with this technique series.

### **PATIENT SELF CARE:**

**Minute or Less Home Based Exercise Programs:** A specific series of targeted exercise programs to help our patients attain maximum self sufficiency to each body region in less than a minute.

**Red Light Exercises:** Exercises developed for our carpal tunnel and injury patients that allows them to stretch and recondition their hands, wrists and forearms while stopped at red lights.

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### **FOR MUSCULOSKELETAL DISORDERS WE USE:**

**Active Release Techniques®:** Developed by Mike Leahy, D.C., a discipline of over 400 different soft tissue release techniques for almost every muscle, tendon and ligament in the human body.

**Sacro-Occipital Technique:** The master technique to handle common but undiagnosed pelvic instabilities.

**Zero Adjusting Technique:** There are many people who are afraid of standard chiropractic adjusting and in particular to the neck. We have developed an entire system of releasing every vertebrae and every extremity (arm and leg joints) without high force or pain.

**Vector Point Cranial Therapy:** Advanced vertebral release techniques to help stabilize and support clinically unstable spines.

**Four Hand Intra-Oral Cranial Therapy:** The master technique for headaches, TMJ and upper neck injuries of all origins.

**Charrette Extremity Technique:** Additional techniques additionally designed to reduce pain and enhance performance of shoulders, elbows, wrists, hands, hips, knees, ankles and feet.

**Zindler® Extremity Techniques:** Specifically designed to reduce pain and enhance performance of shoulders, elbows, wrists, hands, hips, knees, ankles and feet.

**Footlevelers™ Orthotic Support Fitting:** Customized weight bearing fitting for the largest orthotics company in the world. Essential for some patients with chronic feet, ankle and knee pain and dysfunction

**Pierce-Stillwagon Techniques:** Master technique for resetting spinal curves and spinal strength.

**Thompson Drop Table Techniques:** The master technique for using a drop table to move any vertebrae, pelvic bone on any person at anytime.

**Palmer Diversified Technique:** Developed for over 80 years, these techniques are designed to adjust any joint in the human body.

**Applied Kinesiology:** Master techniques for diagnosing and treating any bony misalignment in the body.

**Activator® Technique:** A technique diagnosing and gently treating any bony misalignment in the body.

**Lymphatic Drainage Soft Tissue Release:** A technique series we developed in our office to release lymphatic compromise anywhere in the human body.

**Dural Port Therapy:** Developed by Dr. John Farmer, D.C., D.I.C.S. of Birmingham, Alabama. A powerful yet non-force diagnosis and treatment technique for releasing every vertebra in the body.

**Auto Accident Healing Acceleration Techniques:** Acquired over 100's of auto accident cases. An integrative technique series we have developed that guarantees maximum healing potential in 30% of the time of any other technique series we are currently aware of.

### **ORGAN SYSTEM TREATMENTS:**

**Chiropractic Manipulative Reflex Technique:** Organ manipulation techniques originally discovered and designed by Dr. DeJarnette for each and every organ and organ system in the body.

**Prone and Supine Organics:** Developed by David Denton, D.C., D.I.C.S. is an advanced treatment series for the diagnosis and treatment for almost every organ system malfunction in the body.

**Neuro Emotional Technique (NET®):** Developed by Scott Walker, D.C. a unique and powerful method to treat organ problems that have emotional stress at their root. Common finding with digestive and respiratory disorders.

**TBM/Total Body Modification® :** Developed by Victor Frank, D.C. A potent and unique system of treating literally any organ and/or organ system in the body through muscle testing and treatment through the spine.

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